

## COMPOST KEY TO GARDEN SUCCESS

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### WHAT IS COMPOST?

- Compost is a soil amendment. It is a nutrient-rich, dark, crumbly material that helps improve soil health and provides essential nutrients to plants. Compost is the result of the natural decomposition process that turns the nutrients from once-living materials into a rich, organic component of soil, humus (HYOU-mus). Humus is created during the production of compost.
- Composting is the recycling of organic materials or a method of solid waste management whereby the **organic components** of the solid waste stream is **biologically decomposed under controlled conditions** to produce a **valuable end product** (Goldstein, ed., *Biocycle Guide to the Art & Science of Composting*, p.14).
- Properly prepared compost is not necessarily a rich source of nutrients for soil, but because the high surface area and chemical makeup of humus allows it to absorb and retain soil nutrients and moisture, compost is an excellent soil conditioner. (Dr. Robert Humphreys)

### WHY COMPOST?




### BENEFITS OF COMPOSTING

Environmental  
Self Reliance  
Easy?

- 2/3 of municipal waste stream is organic waste
- Build organic matter and nutrients "on the farm"
- 1 yd<sup>3</sup> of compost = \$30-40 more if delivery is needed
- 1 ft<sup>3</sup> of compost = \$5 at big box store

### COMPOST ECOSYSTEM

COMPOST MICROORGANISMS MAGNIFIED 1,000 TIMES



<p><b>Actinomycetes</b> 100 thousand - 100 million per gram of compost</p>	<p><b>Fungi</b> 10 thousand - 1 million per gram of compost</p>	<p><b>Bacteria</b> 100 million - 1 billion per gram of compost</p>
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### COMPOST ECOSYSTEM


Organisms contained in 1 teaspoon of compost

Bacteria  
Actinomycetes  
Fungal Hyphae

Protozoa  
Nematodes

- Up to 100 million Bacteria
- 400-900 ft of fungal hyphae
- 10,000-50,000 protozoa
- 30-300 nematodes

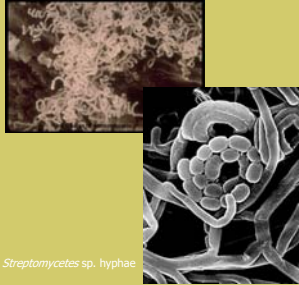
### BACTERIA



*Nitrobacter winogradskyi*

- Smallest living organisms, Single Cell
- about 80-90% of the biology of compost
- Engine of the pile-Responsible for the heating
- Bacteria live and move in water films
- Classified by temperature ranges they grow
  - Psychrophiles <39 F
  - Mesophiles 68 – 104 F
  - Thermophiles optimum 122 F
- \*Listeria grows and survives in refrigeration <40 F

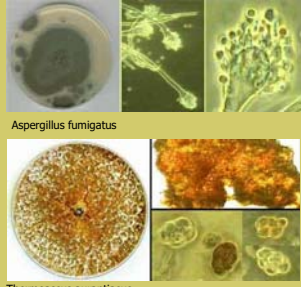
### ACTINOMYCETES



*Streptomyces sp. hyphae*

- Really a kind of bacteria
- Looks and acts like a fungus
- Streptomyces spp. Dominant in compost, fresh earthy smell comes from these guys
- Bind aggregates in pile through fungal like gray growths
- Prefer moist conditions, Neutral pH, O<sub>2</sub>,
- Live at lower temperatures (Mesophiles)

### FUNGI



*Aspergillus fumigatus*

*Thermoascus aurantiacus*

- Single and multi-celled organisms
- Produce fruiting bodies and spores
- Perform more complex decomposition roles such as the breakdown of cellulose
- Need O<sub>2</sub>.
- Fungi binds free particulates together improving overall soil structure
- Most are mesophiles

### TEMPERATURE STAGES OF COMPOSTING

#### Mesophilic

- < 104 F
- Will follow a Thermophilic stage unless, optimum conditions were not present
- Fungi take over and break down lignin and cellulose

#### Thermophilic

- 104 – 158 F Killing stage for various pathogens and weed seeds
- Commercial compost must maintain 150 F for 15 days
- Dependent on proper moisture, aeration, and C/N ratio
- 113 – 130 F maximum degradation rates
- 149 F and above – only thermophiles survive

**Curing**

### COMPOST: BALANCING INPUTS TO MAXIMIZE EFFICIENCY OF MICROSCOPIC LABOR FORCE

- Carbon to Nitrogen Ratio: Target is 30:1 25-40 acceptable
- Moisture Content: Range 45-60%
- Particle Size: Smaller the better=Increased surface area
- Temperatures of 130+ for 3-15 days will kill MOST pathogens and weed seeds

### COMMON INGREDIENT NUMBERS

Ingredient	C:N Ratio	Moisture Content
Wood Chips	400-700	
Sawdust	100-400	
Newspaper	170	
Wheat Straw	128	
Straw	80	
Leaves	40-80	
Fruit Scraps	35	
Horse Manure	25	
Coffee Grounds	20	
Fresh Grass Clippings	17	
Poultry Litter	15	
Vegetable Scrap	12	

Many online calculators available. Good rule of thumb 2/3 Browns to 1/3 Green

COMPOST PROBLEM TRIAGE

PROBLEM

- Smells Bad
- Compost Not Breaking Down
- It Stays Soggy or Wet
- Volunteer plants or weeds come up

CAUSE-SOLUTION

- C:N ratio too low, Anaerobic Conditions: Add C, Aerate
- Moisture too low, C:N ratio too high: Add Water, Add N
- Too much Rain, too many leaves: Aerate, shred leaves prior to composting
- No Thermophilic Stage: avoid adding seeded material, manage pile to maintain heat

COMMERCIAL COMPOSTING



Windrow Method  
Athens Municipal Dump

WINDROW TURNING



BACKYARD/HOME COMPOSTING

- What are your goals
- How much Browns & Greens do you have
- What will the neighbors think
- How much time/effort do you have
- How much do you want to spend
- What tools do you have, i.e. bagging mower



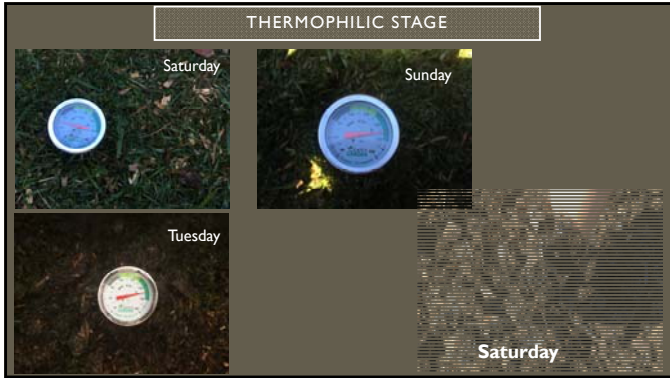
MY HOME SET UP



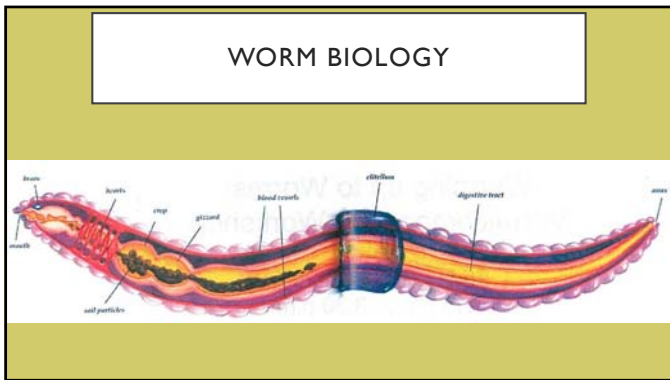
- Tumbler for quick, Thermophilic composting 3-7 days
- Mesh Bin for Mesophilic and curing 2-6 weeks

INGREDIENTS

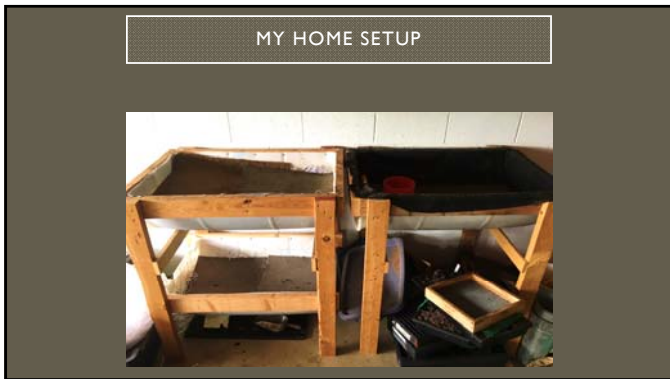




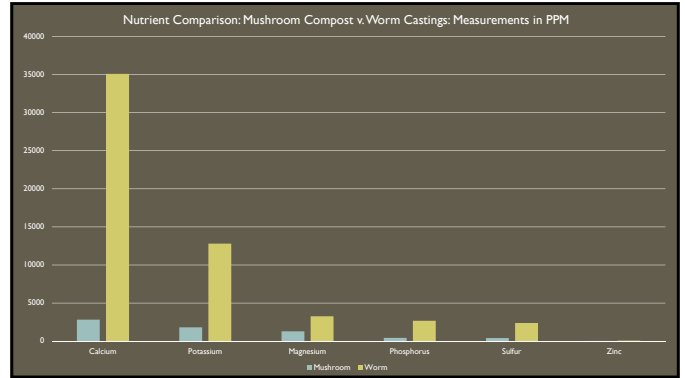
- VERMICOMPOSTING – WORM COMPOSTING**
- Easy, low maintenance
  - Excellent for average family that just has food scraps
  - Fun for kids
  - Can be done indoors, in apartments, classrooms
  - Excellent compost



- RED WIGGLERS  
*EISENIA FETIDA***
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- Top Feeding worms
  - Eat about 1/2 body weight per day
  - Double population about every 3 months
  - 1 lb of worms = 1,000 worms
  - Live up to 2 years
  - Lay one cocoon or egg sac per week, each cocoon produces 3 or 4 worms
  - Begin breeding 4-6 weeks of age



**WORM CASTING GROWTH RESULTS**  
**CARROTS: 0%, 10%, 20%**



**NUTRIENT COMPARISON**

**MUSHROOM**

Calcium	2819
Potassium	1807
Magnesium	1284
Phosphorus	429
Sulfur	407
Zinc	34.99
% Nitrogen	.5
% Phosphorus	.1
% Potassium	.218

**WORM**

Calcium	35082
Potassium	12800
Magnesium	3269
Phosphorus	2678
Sulfur	2375
Zinc	62.3
% Nitrogen	1.8
% Phosphorus	.614
% Potassium	1.542

**VERMICOMPOST & DISEASE SUPPRESSION**

Cornell Waste Management Institute.

